

**LEE Lok-Sze Inspiration through Exploration**

**English Subtitles and Super:**

**Super :** Inspiration through Exploration  
by Dr. LEE Lok-Sze

Dr. Rebecca LEE Lok-Sze

Dr. LEE joined the China National Antarctic Expedition in 1985. She is the first female explorer to reach three poles of the Earth. She has visited North and South Poles over 10 times to explore the polar environment, and investigating its relationship with, and importance to environmental protection.

Arctic

**Dr. LEE Lok-Sze :** When I was in the Arctic, I experienced the difficulty in getting water with the Inuit.

**Super :** Dr. Rebecca LEE Lok-Sze  
First female explorer to reach three poles of the Earth  
Founder of Polar Museum Foundation

**Dr. LEE Lok-Sze :** We picked a block of ice,  
and had to pull it to the front of the house,  
and melted it piece by piece to get drinking water.  
People in Hong Kong are used to getting water  
by simply turning on the tap;  
hence not being conscientious about cherishing water.  
It is even tougher to get water in the desert,  
where water sources are hard to find due to extreme heat.  
Every day, we were only provided with a bottle of water,  
and each expedition team member  
treasured every single drop of water.  
Such condition of extreme water shortage  
in which every drop of water is precious,  
is beyond Hong Kong people's comprehension.

**Super :** What crisis would  
the human encounter as a result of  
a shortage of fresh water?

**Dr. LEE Lok-Sze :** Water scarcity could lead to food crisis.  
Corps such as rice need water to grow.  
Drought would directly affect our staple food supply.

**Super :** Water Crisis May Happen In  
Twenty Years

**Dr. LEE Lok-Sze :** Our demand of water is increasing  
and water crisis may happen within 20 years.  
47% of the global population  
is projected to encounter water shortage by the year of 2030.  
While there is water scarcity in some other regions of the world,  
we cannot possibly shirk our responsibility  
being part of the global village.  
We must cherish and conserve water.

**Super :** Cherish and  
Conserve Water

Dr. LEE's Water Saving Tips  
Tips: Serve Water As Much As we Drink

**Dr. LEE Lok-Sze :** Only pour the amount of water that you want to drink.  
Conserve water at offices and restaurants.

**Super :** Tips: Water Recycle

**Dr. LEE Lok-Sze :** A bowl of water enables recycling and reuse.  
It is my usual practice to make multiple use of water.  
Sometimes, I think of the Africans,  
the amount of water we use in taking a shower  
is already sufficient for the daily consumption of an African  
family!

I am LEE Lok Sze. I appeal to everyone to conserve water!

**Super :** Water Supplies Department Logo  
Special thanks to Dr. LEE Lok-Sze

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