

醒水僱主叻外傭

Smart Boss, Smart Helper – Save Water at home

浴室 Bathroom

- 使用花灑淋浴代替浸浴，並縮短淋浴時間
Take a quick shower instead of a bath
- 刷牙、洗臉或剃鬚時，應關掉水龍頭
Turn off the tap while brushing teeth, washing face or shaving
- 善用雙掣式沖廁水箱，避免不必要沖廁
Use a dual flushing cistern and avoid flushing unnecessarily
- 安裝水龍頭節流器
Install flow controller on water tap

廚房 Kitchen

- 冷藏食物應預早從冰格放入雪櫃解凍，切勿長開水喉解凍
Do not defrost frozen food under running water. Defrost it in the refrigerator in advance
- 以容器浸洗蔬菜或碗碟
Wash the dishes or vegetable in a container
- 將清洗過蔬果的水循環再用來灌溉植物
Water plants with the same water used for washing vegetable and fruit

選用有一級用水效益標籤的洗衣機，並集齊衣物一次過洗濯

Choose washing machine with Water Efficiency Grade ONE Label, and only run washing machine with a full load

以水桶盛載清水及以抹布清潔車身

Wash car with a bucket of water and a towel

更多慳水短片 more water saving videos

中文版本 English Version

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